

Marijuana is now legal for adults over 21.  
This does not mean it is safe for pregnant  
women or babies.

# ***THERE IS NO KNOWN SAFE AMOUNT OF MARIJUANA USE DURING PREGNANCY OR BREASTFEEDING.***

*Using marijuana while pregnant may harm your baby. It may make it hard for your child to pay attention and learn. This also may make it harder for your child to do well in school.*

## **Nevada 2-1-1**

A program to help Nevadans connect with many services they need by phone, text or website:

Call: 2-1-1 or [1-866-535-5641](tel:1-866-535-5641)

Text: your zip code to [898211](tel:898211)

[www.nevada211.org](http://www.nevada211.org)



## **Get Information and Help:**

[www.SoberMomsHealthyBabies.org](http://www.SoberMomsHealthyBabies.org) contains information on marijuana, pregnancy, and breastfeeding, as well as local treatment providers, or call the **Substance Abuse Hot Line:**

**T: [1-800-450-9530](tel:1-800-450-9530)**



## **LactMed:**

An online database to determine medicine compatibility with breastfeeding.

<https://toxnet.nlm.nih.gov/newtoxnet/lactmed.htm>

